少林面馆

回族

主食 Main dishes

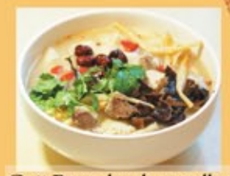
1	少林滋补羊肉烩面	Kung fu Goji berry lamb noodles	大$12.8, 小$11.8
2	少林羊肉烩面	Kung fu lamb noodles	大$11.8, 小$10.8
3	少林三鲜烩面	Kung fu seafood noodles	大$11.8, 小$10.8
4	少林鸡肉烩面	Kung fu chicken noodles	大$11.8, 小$10.8
5	少林牛肉烩面	Kung fu beef noodles	大$11.8, 小$10.8
6	少林羊杂烩面	Kung fu noodles with lamb tripes	$14.8
7	少林麻辣烩面(牛、鸡、羊)	Kung fu spicy noodles (Beef,Chicken,Lamb)	大$11.8, 小$10.8
8	少林红烧烩面	Kung fu braised lamb noodles	大$11.8, 小$10.8
9	少林麻辣红烧烩面	Kung fu spicy braised lamb noodles	$12.8
10	少林哨子烩面	Kung fu sour lamb noodles	大$11.8, 小$10.8
11	少林拆骨羊肉烩面	Kung fu sliced lamb noodles	$12.8
12	少林鸡蛋烩捞面	Kung fu dry noodles with eggs	$12.8
13	嵩山羊杂泡馍	Pita bread & lamb tripes in soup	大$14.8,小$13.8
14	嵩山羊肉泡馍	Pita bread in lamb soup	大$12.8, 小$11.8
15	嵩山牛肉泡馍	Pita and beef in lamb soup	大$12.8, 小$11.8
16	嵩山三鲜泡馍	Pita and seafood in lamb soup	大$12.8, 小$11.8
17	嵩山鸡肉泡馍	Pita and chicken in lamb soup	大$12.8, 小$11.8
18	嵩山麻辣泡馍	Pita with spicy lamb soup	$12.8
19	嵩山担担面	DanDan noodles	$12.8
20	少林羊肉刀削烩面	Cleaver sliced lamb noodles soup	$11.8
21	少林鸡丁刀削面	Cleaver sliced chicken noodles	大$11.8,小$10.8
22	少林牛肉刀削面	Cleaver sliced beef noodles	大$11.8,小$10.8
23	少林麻辣三鲜刀削面	Cleaver spicy seafood noodles	$12.8
24	少林哨子刀削面	Sour lamb cleaver sliced noodles	$11.8
25	少林麻辣牛肉面	Kung fu hot and spicy beef noodles	大$11.8, 小$10.8
26	少林美兰牛肉面	Kung fu meilan beef noodles	大$11.8, 小$10.8
27	少林鸡丝面	Kung fu chicken noodle soup	$11.8
28	榨菜肉丝面	Pickled veges and meat noodles	$10.8
29	炸酱面	Noodles with lamb in soy paste	大$11.8, 小$10.8
30	香葱拌面(素)	Stirred spring onion hot noodles	$10.8
31	油泼刀削面	Beef & noodles with spicy sauce	$12.8
32	鸡肉馄饨	Wonton soup (chicken)	$10.8
33	鸡肉馄饨面	Chicken wonton noodles	$10.8
34	酸菜面	Noodles with Pickled vegetables	$12.8

饺子类 Dumplings *水饺加酸汤,蒸饺,香麻汁, 需多加1块钱

($1 extra for dumplings in Sour soup, Steamed)

35	羊肉茴香	Lamb & Fennel dumplings	$12
36	羊肉胡萝卜	Lamb & Carrot dumplings	$12
37	羊肉韭菜	Lamb & Chives dumplings	$12
38	羊肉芹菜	Lamb & Celery dumplings	$12
39	羊/牛肉粉条大葱	Lamb or beef with vermicelli and onion	$12
40	牛肉胡萝卜	Beef & Carrot dumplings	$12
41	牛肉芹菜	Beef & Celery dumplings	$12
42	鸡肉玉米	Chicken & Corn dumplings	$13
43	鸡肉香菇芹菜	Chicken,mushroom & Celery dumplings	$13
44	海鲜	Seafood dumplings	$14
45	鱼肉	Fish meat dumplings	$12
46	素菜鸡蛋	Vegetable & egg dumplings	$13
47	鸡蛋茴香	Fennel & egg dumplings	$13
48	少林钟水饺	Chicken dumpling in spicy sauce	$13

速冻饺子打包减$1（Takeaway frozen dumplings $1 less）

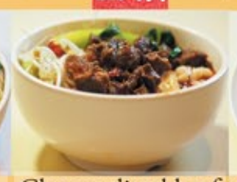

Goji Berry lamb noodles

Seafood noodles

Lamb noodles

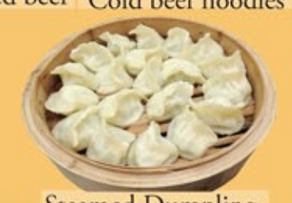
Xinjiang Lamb Fried Nooldes

Meilan beef

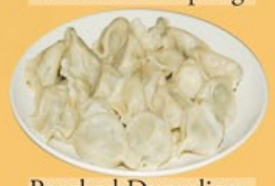

Cleaver sliced beef

Cold beef noodles

Pan Fried Dumpling


Steamed Dumpling

Dumpling in sour soup


Poached Dumpling

冰花锅贴类 Pan Fried Dumplings

49	羊肉茴香	Lamb & Fennel dumplings	$13
50	羊肉胡萝卜	Lamb & Carrot dumplings	$13
51	羊肉韭菜	Lamb & Chives dumplings	$13
52	羊肉芹菜	Lamb & Celery dumplings	$13
53	羊/牛肉粉条大葱	Lamb or beef with vermicelli and onion	$13
54	牛肉胡萝卜	Beef & Carrot dumplings	$13
55	牛肉芹菜	Beef & Celery dumplings	$13
56	鸡肉玉米	Chicken & Corn dumplings	$14
57	鸡肉香菇芹菜	Chicken,mushroom & Celery dumplings	$14
58	海鲜	Seafood dumplings	$15
59	鱼肉	Fish meat dumplings	$13
60	素菜鸡蛋	Vegetable & egg dumplings	$14
61	鸡蛋茴香	Fennel & egg dumplings	$14

62	酸辣粉	Spicy & sour soup with vermicelli	$10
63	炒凉粉	Fried jelly	$13
64	伤心凉粉	Cold jelly	$12
65	麻辣烫	Hot & spicy pot	$14
66	凉牛肉刀削面	Cold cleaver sliced beef noodles	$12
67	凉拌烩面	Cold Kung Fu beef noodles	$12
68	凉拌棍面	Stired cold beef noodles	$12
69	鸡丝凉面	Stired cold chicken strips noodles	$12
70	新疆炒拉条	Xinjiang lamb fried noodles	$13
71	炒面(牛, 鸡, 羊)	Fried noodles with lamb/beef/chicken	$13
72	炒牛/鸡/羊肉刀削面	Fried cleaver sliced noodles	$13
73	少林羊杂炒面	Fried lamb tripes with noodles	$16
74	麻辣炒饭	Hot & spicy fried rice	$12
75	鸡肉炒饭	Chicken fried rice	$12
76	咖喱炒饭(牛、鸡、羊)	Curry fried rice (Beef,Chicken,Lamb)	$12
77	酱牛肉炒饭	Smoked beef fried rice	$12
78	羊肉炒饭	Lamb fried rice	$12
79	海鲜炒饭	Seafood fried rice	$13
80	黄金三角	Deep fried Chinese pan breads	$6
81	孜然羊肉夹馍	Chinese lamb burger	$5
82	酱牛肉夹馍	Chinese beef burger	$5
83	火烧	Chinese pan bread	$2
84	手撕葱油饼	Chinese-style spring onion pizza	$6

Spring onion pizza

Chicken/beef/lamb fried rice

Lamb burger

Fried cleaver sliced noodles

汤类 Soup

85	逍遥镇牛肉胡辣汤(周末)	Spicy soup with beef & pepper.(only on weekend)	$8
86	羊杂汤	Lamb tripes soup	$15
87	烧饨羊杂汤	Braised lamb tripes soup	$16
88	拆骨羊肉汤	Special lamb soup	$12
89	木须肉片汤	Moo Shu meat soup	$12
90	羊肉汤	Lamb soup	$13
91	鸡蓉玉米汤	Sweet corn chicken soup	$8
92	酸辣鸡蛋汤	Spicy and sour egg soup	$8
93	酸辣肚丝汤	Hot and spicy tripes soup	$10
94	榨菜肉丝汤	Pickled vegetables and meat soup	$10
95	青菜烩豆腐汤	Tofu and vegetables soup	$12

包子类 Buns

96	原味馒头	Original Steamed buns	$8/6个
97	大白菜包	Chinese Cabbage buns	$10/6个
98	芋蓉包	Taro buns	$10/6个
99	香菇菜包	Vegetable&Mushroom buns	$10/6个
100	牛肉粉条大葱包	Beef&Vermicelli buns	$10/6个

注：辣=辣(Spicy)　　本店回族，外菜莫入

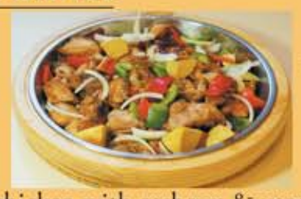
塑料打包盒每个$1（Plastic take away box $1 for each）

肉串类 Kebabs 5串起,Minimum 5

101	鸡肉串	Chicken kebabs	$2.0/串
102	羊肉串	Lamb kebabs	$1.2/串
103	鸡膝骨串	Chicken soft bone kebabs	$2.5/串
104	鸡胗串	Chicken gizzards kebabs	$1.5/串
105	鸡心串	Chicken heart kebabs	$1.5/串

鸡肉类 Chicken dishes

106 新疆大盘鸡 (送皮带面) 大$39, 小$30
Sensational spicy chicken
Serve with noodles



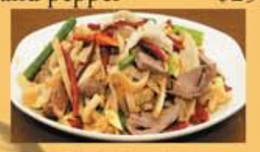
107	腰果鸡丁	Stir fried chicken with cashews & vegetables	$16
108	糖醋鸡	Sweet and sour chicken	$16
109	宫保鸡丁	Kung pao chicken	$16
110	辣子鸡	Chicken/chicken wings with chili	$16
111	椒盐鸡膝骨	Seasoned chicken soft bones	$18
112	孜然鸡膝骨	Fried chicken soft bones with cumin	$18
113	香辣鸡胗	Hot and spicy chicken gizzard	$16
114	香辣鸡心	Hot and spicy chicken heart	$16
115	金牌鸡翅	Golden fried chicken wings	$16

羊肉类 Lamb dishes

116	炒羊杂	Stir-fried lamb tripes	$18
117	孜然羊肉	Fried cumin lamb	$15
118	扒羊肉	Steamed lamb	$16
119	葱爆羊肉	Braised lamb with spring onion	$15
120	红烧羊肉	Braised lamb with vegetables	$15
121	宫保肉丁	Kung pao lamb	$16
122	酸汤小肥羊	Lamb in sour & spicy soup with sprouts	$15
123	泉水羊卷肉	Hot and spicy lamb with cabbage	$16
124	焦烧肉	Crispy sautéed lamb	$14
125	烩菜	Henan braised vege & meat & vermicelli	$16
126	糖醋羊肉	Sweet and sour lamb	$16
127	砂锅苏肉	Deep fried lamb on casserole	$16
128	椒盐羊排	Fried lamb ribs with salt and pepper	$25

Chicken with chili

Chicken with cashews


Stir-fried lamb tripes

海鲜类 Seafood dishes

129	松鼠鱼	Sweet & sour blue cod	$28/kg
130	清蒸/红烧笋壳	Steamed/Braised blue cod	$28/kg
131	水煮鱼片	Boiled fish in spicy sauce	$26
132	溜鱼段	Sautéed fish cutlets	$26
133	酸菜鱼	Fish cutlets and pickled vegetables	$26
134	糖醋鱼	Sweet and sour fish	$18
135	豆豉鱼柳	Fish cutlets with black bean sauce	$22
136	清炒虾仁	Braised shrimps	$18
137	椒盐虾仁	Seasoned stir fried shrimps	$18
138	腰果虾仁	Stir fried shrimps with cashews & veges	$18
139	麻辣孜然虾	Fried prawns with chili and cumin	$22
140	油闷大虾	Fried prawns with sweet sauce	$22
141	椒盐虾	Seasoned stir fried prawns	$22
142	香酥小河虾	Hot and spicy prawns	$22
143	麻辣小龙虾	Scampi in special hot sauce	$48
144	椒盐小龙虾	Fried scampi with salt and pepper	$48
145	姜葱炒蟹	Braised crab with spring onion & ginger	$26
146	香辣蟹	Spicy crab and seasoning	$26
147	椒盐鱿鱼	Seasoned stir fried squid	$18
148	鱿鱼卷	Sensational squid	$22

Golden chicken wings

Sweet & sour blue cod

Scampi in spicy sauce

牛肉类 Beef dishes

149	干煸肚丝	Sautéed tripes in chili sauce	$16
150	扒牛舌	Steamed beef tongue	$15
151	水煮肉片	Beef in hot and spicy sauce	$16
152	京酱肉丝	Sautéed beef with sweet sauce	$15
153	鱼香肉丝	Beef strips in fish sauce	$14
154	木须肉	Moo-Shu meat with scrambled eggs	$14
155	蚂蚁上树	Fried vermicelli with mince	$13
156	姜葱牛肉	Beef with ginger and spring onion	$16
157	香炒热牛展	Spicy seasoned beef and celery	$16
158	脆皮嫩牛柳	Crispy beef with chili	$16
159	小白菜炒牛肉	Braised bok choy with beef	$14
160	茄汁牛肉	Fried beef and tomato	$15
161	土豆牛肉	Fried beef and potatoes	$14
162	砂锅丸子	Meatballs on casserole	$16

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塑料打包盒每个$1（Plastic take away box $1 for each）

蔬菜豆腐类 Vegetable/Tofu dishes

163	尖椒炒鸡蛋	Chili fried egg	$10
164	番茄炒蛋	Tomato with eggs	$12
165	鱼香茄子	Sautéed eggplant in spicy garlic sauce	$14
166	红烧茄子	Braised eggplant with vegetables	$14
167	醋溜豆芽	Vinegar and sprouts	$10
168	醋溜土豆丝	Sweet and sour potato	$10
169	酸辣土豆丝	Spicy and sour potato strips	$10
170	蒜蓉小白菜	Bok choy with garlic sauce	$12
171	上汤小白菜	Bok choy in soup	$12
172	干煸四季豆	String bean in black bean sauce	时价
173	蚝油生菜	Lettuce with oyster sauce	$12
174	酸辣白菜	Braised chili cabbage with vinegar	$12
175	手撕椰菜	Braised hand shredded cabbage	$12
176	韭菜炒干豆腐	Fried dry tofu with chives	$13
177	麻婆豆腐	Ma po tofu	$12
178	家常豆腐	Stir fried beef and tofu	$14
179	红烧豆腐	Braised tofu and vegetables	$12
180	地三鲜	Sauteed potato, capsicum & eggplant	$14

凉菜 Cold dishes

181	蒜香拆羊骨肉	Lamb with garlic sauce	$12
182	五香酱牛肉	Smoked beef with soy sauce	$12
183	干拌卤牛肉	Spicy smoked beef	$12
184	夫妻肺片	Spicy beef and tripes	$12
185	红油肚丝	Boiled shredded tripes with chilli	$13
186	红油金针菇	Cold shredded gold mushroom	$10
187	拌牛筋	Marinated beef tendons	$14
188	蒜泥羊肉	Lamb slices in garlic sauce	$15
189	口水鸡	Spicy marinated chicken slices	$13
190	盐焗手撕鸡	Chicken strips salad	$13
191	鸡丝粉皮	Shredded chicken with vermicelli	$10
192	五香豆腐丝	Dry tofu slices	$12
193	凉拌海带丝	Seaweed salad	$8
194	凉拌海蜇	Jellyfish salad	$12
195	油炸花生	Deep fried peanuts	$8
196	醋泡花生	Salted peanuts with vinegar	$8
197	凉拌土豆丝	Cold shredded potatoes	$8
198	凉拌黄瓜	Cucumber salad	$8
199	小葱拌豆腐	Spring onion with tofu	$8
200	爽口木耳	Black fungus salad	$8

中区店地址订餐电话 Ph: 09-623 6298
City店地址订餐电话 Ph: 09-365 2888
东区店地址订餐电话 Ph: 09-532 8899
北岸店地址订餐电话 Ph: 09-415 2668

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